



# AUGUST | 2018

## Centerville Senior High School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**Welcome back to Centerville-Abington Community Schools!**

Did you know we offer breakfast at all four school buildings daily with up to three choices to choose from? If your student(s) qualify for free or reduced price lunch, they can also receive breakfast at the free or reduced rate! Breakfast will start your day right for a day filled with fun and learning!

<p><b>6</b> This menu is subject to change with or without notice.</p>	<p><b>7</b></p>	<p><b>8</b> Beef &amp; Cheddar Sandwich on WG Sub Bun Baked Potato Wedges Side Salad Strawberries Milk</p>	<p><b>9</b> WG Mini Bosco Sticks with Pizza Sauce Mixed Veggies Peaches Milk</p>	<p><b>10</b> WG BBQ Chicken Flatbread Black Beans Carrots &amp; Peas Melon Chunks Milk</p>
<p><b>13</b> Ravioli with WG Garlic Bread &amp; WG Goldfish Crackers Broccoli Peaches Milk</p>	<p><b>14</b> WG Chicken Nuggets Baked Potato Wedges Cooked Carrots Banana Milk</p>	<p><b>15</b> WG Popcorn Shrimp with Cheese Stick Baked Potato Side Salad Grapes Milk</p>	<p><b>16</b> Homemade Chicken &amp; Noodles with WG Dinner Roll Mashed Potatoes &amp; Gravy Green Beans Mixed Fruit Milk</p>	<p><b>17</b> WG Pizza Bar! Baked Bean Peas Pineapple Cookie Milk</p>
<p><b>20</b> WG Pepperoni Calzone with Pizza Sauce Mashed Sweet Potatoes Pickle Spear Apple Slices Milk</p>	<p><b>21</b> WG Boneless Wings Baked Potato Wedges Green Beans Clementine Milk</p>	<p><b>22</b> Deli Meat &amp; Cheese Subs on WG Sub Buns Shrd Lettuce and Tomato Broccoli Applesauce Milk</p>	<p><b>23</b> Chicken Nachos on WG Tortilla Chips with Queso Cheese Black Beans, Corn, &amp; Salsa Pears Cookie Milk</p>	<p><b>24</b> WG County Chicken Bowl (no pizza available) WG Garlic Bread Strawberries Milk</p>
<p><b>27</b> Margarita Meatball Sub on WG Bun Green Beans &amp; Peas Orange Slices Milk</p>	<p><b>28</b> Breakfast for Lunch! WG Biscuits &amp; Sausage Gravy Hashbrowns Banana Milk</p>	<p><b>29</b> Philly Cheese Steak Sandwich on WG Bun Cooked Carrots Applesauce Fruit Slushie Milk</p>	<p><b>30</b> Walking Taco with WG Doritos/Fritos Chips and WG Breadstick Shrd Lettuce &amp; Tomato Refried Beans &amp; Salsa Apple Slices Milk</p>	<p><b>31</b> WG Buffalo Chicken Wrap on WG Tortilla Parmesan &amp; Herb Broccoli Mashed Potatoes &amp; Gravy Strawberries Milk</p>

### Meal Prices

Lunch: \$2.50  
Reduced Lunch: \$0.40  
Adult Lunch: \$3.00

### B Option

Monday- Pasta Selections  
Tuesday- Mexican Bar  
Wednesday- Oriental Chicken & Egg Roll  
Thursday- Grill Selections  
Friday- Pizza Bar

Various hot items and other snacks are also available at the snack bar.

All Centerville-Abington Community School lunch menus are in agreeance with the Healthy Hunger-Free Kids Act of 2010. Nutrition Standards apply to all foods sold within the National School Lunch Program and all competitive foods sold as ala carte items.

**You must be pre-approved to receive free or reduced price meals. Contact Wanda McConaha at 855-3475 or print the Application for Free and Reduced Meals from the school website. Completed applications can be turned in at the Admin Building, CHS main office, or CHS cafeteria.**