



AUGUST | 2018

Rose Hamilton Elementary School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Welcome back to Centerville-Abington Community Schools!

Did you know we offer breakfast at all four school buildings daily with up to three choices to choose from? If your student(s) qualify for free or reduced price lunch, they can also receive breakfast at the free or reduced rate! Breakfast will start your day right for a day filled with fun and learning!

6	7	8 WG Mini Bosco Sticks with Pizza Sauce Green Beans Pineapple Cookie Milk	9 Chef Salad with WG Dinner Roll Pears Milk	10 WG Big Daddy's Cheese Pizza Baked Beans Lima Beans Grapes Milk
13 Salisbury Steak with WG Dinner Roll Mashed Potatoes & Gravy Peas Peaches Milk	14 Beef N' Cheddar Nachos on WG Tortilla Chips with Shrd Cheese Baked Beans Corn Banana Milk	15 WG Jumbo Popcorn Chicken Bites Broccoli with Cheese Sauce Pears Brownie Milk	16 WG French Toast Sticks with Syrup Sausage Links Hashbrown Smiles Fruit Juice Milk	17 WG Tony's Cheese Pizza Green Beans Grapes Fruit Slushie Milk
20 WG Chicken Patty Sandwich on WG Bun Mashed Potatoes & Gravy Corn Applesauce Milk	21 Taco Tuesday! Hard Shell Tacos with Shredded Cheese Black Beans Cauliflower Orange Slices Milk	22 Yogurt, String Cheese and WG Goldfish Crackers Broccoli with Cheese Sauce Mixed Fruit Milk	23 WG Corn Dog Sweet Potato Tots Green Beans Apple Slices Milk	24 WG Pizza Bar! Side Salad Lima Beans Strawberries Milk
27 WG Mini Corn Dogs Green Beans Applesauce Cookie Milk	28 Chicken & Waffle Bites with Syrup Baked Beans Hashbrown Mixed Berries Milk	29 NEW ITEM! Lasagna Roll-Ups with WG Garlic Bread Broccoli Grapes Milk	30 NEW ITEM!! Homemade Chicken & Noodles with WG Dinner Roll Mashed Potatoes & Gravy Corn Orange Slices Milk	31 NEW ITEM!! WG Cheese Pizza Bagel Bites Cauliflower Carrot Sticks Fruit Slushie Milk

Meal Prices

Lunch: \$2.25
Reduced Lunch: \$0.40
Adult Lunch: \$3.00

B Option

Monday- WG Chicken Nuggets
Tuesday- Hot Dog on WG Bun
Wednesday- Ravioli
Thursday- Hamburger on WG Bun
Friday- No Alternate
*Grilled cheese sandwiches on
WG bread are available daily as a
C option.

All Centerville-Abington Community
School lunch menus are in agreeance
with the Healthy Hunger-Free Kids Act of
2010. Nutrition Standards apply to all
foods sold within the National School
Lunch Program and all competitive foods
sold as ala carte items.

**You must be pre-approved to
receive free or reduced price
meals. Contact Wanda
McConaha at 855-3475 or print
the Application for Free and
Reduced Meals from the school
website. Completed
applications can be turned in at
the Admin Building, RHE main
office, RHE cafeteria, or to your
student's teacher.**