



AUGUST | 2018

Centerville Junior High School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Welcome back to Centerville-Abington Community Schools!

Did you know we offer breakfast at all four school buildings daily with up to three choices to choose from? If your student(s) qualify for free or reduced price lunch, they can also receive breakfast at the free or reduced rate! Breakfast will start your day right for a day filled with fun and learning!

6	7	8 WG Macaroni and Cheese with WG Breadstick Cooked Carrots Side Salad Applesauce Milk	9 Deli Wrap on WG Tortilla Shell Shrd Lettuce & Tomato WG Cheez-It Crackers Baked Beans Side Salad Melon Chunks Milk	10 WG Buffalo Chicken Wrap on WG Tortilla Shell Shrd Lettuce & Tomato Green Beans Strawberries Milk
13 Breakfast for Lunch! WG Pancakes with Syrup Sausage Hashbrown Smiles Peaches Milk	14 New Burrito Bowl Bar!! Your choice of: Chicken, Taco Meat, or Beef Steak Rice or WG Tortilla Shell Lots of Veggie Toppings Apple Milk	15 Spaghetti with WG Garlic Bread Peas Side Salad Grapes Milk	16 NEW ITEM!! Philly Cheesteak Sandwich on WG Bun Cooked Carrots Pineapple Milk	17 WG Spicy Popcorn Chicken with WG Goldfish Crackers Baked Beans Parmesan & Herb Baked Broccoli Blueberries Milk
20 Salisbury Steak with WG Dinner Roll Mashed Potatoes & Gravy Green Beans Mixed Fruit Milk	21 Pepperoni Pizza Burger on WG Bun Cooked Carrots Pears Cookie Milk	22 WG Chicken Nuggets Broccoli with Cheese Baked Potato Wedges Applesauce Milk	23 Chicken Nachos on Corn Chips with Queso Cheese Black Beans Mixed Veggies Mixed Berries Milk	24 WG Pizza Bar! Corn Pears Fruit Slushie Milk
27 WG Popcorn Chicken Bites Onion Rings Corn Peaches Milk	28 Walking Taco with Fritos or Doritos Shrd Lettuce & Tomato Black Beans Salsa Apple Milk	29 WG Mini Bosco Sticks with Pizza Sauce Broccoli Grapes Jello Milk	30 Breakfast for Lunch! Scrambled Eggs with WG Cinnamon Roll Hashbrown Smiles Baked Apples Milk	31 Cheesy BBQ Chicken Flatbread Sandwich Green Beans Pineapple Milk

Meal Prices

Lunch: \$2.50
Reduced Lunch: \$0.40
Adult Lunch: \$3.00

B Option

Monday- Hot Dog on WG Bun
Tuesday- Hamburger or
Cheeseburger on WG Bun
Wednesday- Pulled Pork on WG
Sub Bun
Thursday – WG Corndogs
Friday- WG Pizza Bar

Chef salads and other main
entrée choices will be available at
the discretion of the kitchen staff.

All Centerville-Abington Community
School lunch menus are in agreeance
with the Healthy Hunger-Free Kids Act
of 2010. Nutrition Standards apply to all
foods sold within the National School
Lunch Program and all competitive
foods sold as ala carte items.

**You must be pre-approved to
receive free or reduced price
meals. Contact Wanda
McConaha at 855-3475 or print
the Application for Free and
Reduced Meals from the
school website. Completed
applications can be turned in
at the Admin Building, CJHS
main office, or CJHS cafeteria.**