



FEBRUARY | 2019

Rose Hamilton Elementary School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28 You must be pre-approved to receive free or reduced price meals. Contact Wanda McConaha at 855-3475 or print the Application for Free and Reduced Meals from the school website. Completed applications can be turned in at the Admin Building, RHE main office, RHE cafeteria, or to your student's teacher.

4 Italian Meatballs with Marinara Sauce
WG Breadstick
Green Beans
Peaches
Milk

5 Taco Tuesday!
Hard Shell Tacos with Shredded Cheese
Black Beans
Cauliflower
Orange Slices Milk

6 Lasagna Roll-Ups with WG Garlic Bread
Broccoli
Grapes
Milk

7 Homemade Chicken & Noodles with WG Dinner Roll
Mashed Potatoes & Gravy
Corn
Orange Slices
Milk

8 WG Cheese Pizza
Bagel Bites
Cauliflower
Carrot Sticks
Fruit Slushie
Milk

11 WG Spaghetti with WG Garlic Bread
Peas
Peaches
Milk

12 Walking Taco with Doritos/Fritos and Shrd Cheese
Black Beans & Mixed Veggies
Orange Slices
Milk

13 WG Mini Bosco Sticks with Pizza Sauce
Green Beans
Pineapple
Cookie
Milk

14 Chili with Cornbread and WG Crackers
Broccoli
Pears
Milk

15 WG Big Daddy's Cheese Pizza
Baked Beans
Lima Beans
Grapes
Milk

18 **President's Day**
Possible No School or Make-Up Day
Salisbury Steak with WG Dinner Roll
Mashed Potatoes & Gravy
Cooked Carrots
Peaches

19 Beef N' Cheddar Nachos on WG Tortilla Chips with Shrd Cheese
Baked Beans
Corn
Banana
Milk

20 WG Jumbo Popcorn
Chicken Bites
Broccoli with Cheese Sauce
Pears
Brownie
Milk

21 WG French Toast Sticks with Syrup
Canadian Bacon
Hashbrown Smiles
Fruit Juice
Milk

22 WG Tony's Cheese Pizza
Green Beans
Grapes
Fruit Slushie
Milk

25 WG Chicken Patty Sandwich on WG Bun
Mashed Potatoes & Gravy
Corn
Applesauce
Milk

26 Kitchen's Choice
Vegetable
Fruit
Milk

27 Yogurt, String Cheese and WG Goldfish Crackers
Broccoli with Cheese Sauce
Mixed Fruit
Milk

28 Hot Ham & Cheese Croissant Roll-Up
Sweet Potato Tots
Green Beans
Apple Slices
Milk

1 To see a copy of our Powerlunch & Alternate Meal Policy, please visit our Cafeteria Menu page on the school website under Parent Resources.

Meal Prices

Lunch: \$2.25
Reduced Lunch: \$0.40
Adult Lunch: \$3.00
Milk only: \$0.60

B Option

Monday- WG Chicken Nuggets
Tuesday- Hot Dog on WG Bun
Wednesday- Ravioli
Thursday- Hamburger on WG Bun
Friday- No Alternate
*Grilled cheese sandwiches on WG bread are available daily as a C option.

All Centerville-Abington Community School lunch menus are in agreeance with the Healthy Hunger-Free Kids Act of 2010. Nutrition Standards apply to all foods sold within the National School Lunch Program and all competitive foods sold as ala carte items.

This menu is subject to change without notice.