



JANUARY | 2019

Centerville-Abington Elementary School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Meal Prices

<p>31 You must be pre-approved to receive free or reduced price meals. Contact Wanda McConaha at 855-3475 or print the Application for Free and Reduced Meals from the school website. Completed applications can be turned in at the Admin Building, CAE main office, CAE cafeteria, or to your student's teacher.</p>	<p>1</p>	<p>2</p>	<p>3</p>	<p>4 To see a copy of our Powerlunch & Alternate Meal Policy, please visit our Cafeteria Menu page on the school website under Parent Resources.</p>
<p>7 WG Spaghetti with WG Breadstick Green Beans Apple Slices Milk</p>	<p>8 Beef N' Cheddar Nachos on Corn Chips Black Beans Corn Banana Milk</p>	<p>9 WG Chicken Patty Sandwich on WG Bun Carrot Sticks Blueberries Fruit Slushie Milk</p>	<p>10 Yogurt, String Cheese, and WG Goldfish Crackers Broccoli Pickle Spear Peaches Milk</p>	<p>11 WG Stuffed Crust Pepperoni Pizza Peas Side Salad Pears Milk</p>
<p>14 Ravioli with WG Goldfish Crackers Peas & Carrots Mixed Fruit Milk</p>	<p>15 Pulled Pork Sandwich on WG Sub Bun Baked Beans Pickle Spear Grapes Milk</p>	<p>16 Italian Meatballs with WG Breadstick Green Beans Side Salad Strawberries Milk</p>	<p>17 Turkey Manhattan with WG Bread Slice Broccoli Pineapple Milk</p>	<p>18 WG French Bread Cheese Pizza Sweet Potato Fries Corn Applesauce Milk</p>
<p>21 WG Pepperoni Calzone with Pizza Sauce Cooked Carrots Side Salad Peaches Milk</p>	<p>22 Breakfast for Lunch Scrambled Eggs with WG Cinnamon Roll Hashbrown Smiles Fruit Juice Milk</p>	<p>23 WG Chicken Tender Snack Wrap with Shrd Lettuce & Tomato Mashed Potatoes & Gravy Clementine Milk</p>	<p>24 Soft Taco on WG Tortilla with Shrd Cheese Shrd Lettuce & Tomato Refried Beans Apple Slices Milk</p>	<p>25 WG Tony's Pepperoni Pizza Broccoli with Cheese Pears Cookie Milk</p>
<p>28 WG Mini Cheese Bosco Sticks with Pizza Sauce Baked Beans Applesauce Milk</p>	<p>29 Chili with Cornbread and WG Crackers Broccoli Grapes Milk</p>	<p>30 Ham & Cheese Croissant Roll-Ups Tomato Soup Pineapple Milk</p>	<p>31 Homemade Chicken & Noodles with WG Dinner Roll Mashed Potatoes & Gravy Side Salad Strawberries Milk</p>	<p>1 WG Tony's Cheese Pizza Baked Potato Wedges Green Beans Mixed Fruit Brownie Milk</p>

Lunch: \$2.25
Reduced Lunch: \$0.40
Adult Lunch: \$3.00
Milk only: \$0.60

B Option
Monday- WG Chicken Nuggets
Tuesday- Beef & Cheddar Sandwich on WG Bun
Wednesday- Hot Dog on WG Bun
Thursday- Hamburger on WG Bun
Friday- No Alternate
*Grilled cheese sandwiches and chef salads are available daily as a C option.

All Centerville-Abington Community School lunch menus are in agreement with the Healthy Hunger-Free Kids Act of 2010. Nutrition Standards apply to all foods sold within the National School Lunch Program and all competitive foods sold as ala carte items.

This menu is subject to change without notice.