



JANUARY | 2019

Centerville Senior High School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>31 You must be pre-approved to receive free or reduced price meals. Contact Wanda McConaha at 855-3475 or print the Application for Free and Reduced Meals from the school website. Completed applications can be turned in at the Admin Building, CHS main office, or CHS cafeteria.</p>	<p>1</p>	<p>2</p>	<p>3</p>	<p>4 To see a copy of our Powerlunch & Alternate Meal Policy, please visit our Cafeteria Menu page on the school website under Parent Resources.</p>
<p>7 NEW MENU ITEM! Chicken Pot Pie in a Biscuit Green Beans & Peas Orange Slices Milk</p>	<p>8 Pancakes with Syrup Sausage Patty Hashbrowns Banana Milk</p>	<p>9 Philly Cheese Steak Sandwich on WG Bun Cooked Carrots Applesauce Fruit Slushie Milk</p>	<p>10 Walking Taco with WG Doritos/Fritos Chips Shrd Lettuce & Tomato Refried Beans & Salsa Apple Slices Milk</p>	<p>11 WG Buffalo Chicken Wrap on WG Tortilla Parmesan & Herb Broccoli Mashed Potatoes & Gravy Strawberries Milk</p>
<p>14 Salisbury Steak with WG Dinner Roll Mashed Potatoes & Gravy Corn Pears Milk</p>	<p>15 Chili with Homemade Cornbread & Crackers Broccoli Apple Milk</p>	<p>16 Beef & Cheddar Sandwich on WG Sub Bun Baked Potato Wedges Side Salad Strawberries Milk</p>	<p>17 WG Mini Bosco Sticks with Pizza Sauce Mixed Veggies Peaches Milk</p>	<p>18 WG BBQ Chicken Flatbread Black Beans Carrots & Peas Applesauce Milk</p>
<p>21 Ravioli with WG Garlic Bread & WG Goldfish Crackers Broccoli Peaches Milk</p>	<p>22 WG Chicken Nuggets Baked Potato Wedges Cooked Carrots Banana Milk</p>	<p>23 WG Popcorn Shrimp with Cheese Stick Baked Potato Side Salad Grapes Milk</p>	<p>24 Homemade Chicken & Noodles with WG Dinner Roll Mashed Potatoes & Gravy Green Beans Mixed Fruit Milk</p>	<p>25 WG Pizza Bar! Baked Bean Peas Pineapple Cookie Milk</p>
<p>28 WG Pepperoni Calzone with Pizza Sauce Mashed Sweet Potatoes Pickle Spear Apple Slices Milk</p>	<p>29 Kitchen's Choice Vegetable Fruit Milk</p>	<p>30 Ham & Cheese Croissant Roll Ups Broccoli Applesauce Milk</p>	<p>31 WG Boneless Wings Baked Potato Wedges Celery Sticks Clementine Milk</p>	<p>1 WG County Chicken Bowl (no pizza available) WG Garlic Bread Strawberries Milk</p>

Meal Prices

Lunch: \$2.50
 Reduced Lunch: \$0.40
 Adult Lunch: \$3.00

B Option

Monday- Pasta Selections
 Tuesday- Mexican Bar
 Wednesday- Oriental Chicken & Egg Roll
 Thursday- Grill Selections
 Friday- Pizza Bar

Various hot items and other snacks are also available at the snack bar.

All Centerville-Abington Community School lunch menus are in agreeance with the Healthy Hunger-Free Kids Act of 2010. Nutrition Standards apply to all foods sold within the National School Lunch Program and all competitive foods sold as ala carte items.

This menu is subject to change without notice.