



NOVEMBER | 2017

Centerville-Abington Elementary School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Yogurt, String Cheese, & WG Goldfish Crackers Broccoli Pickle Spear Peaches Milk	Beef N Cheddar Nachos Black Beans & Corn Banana Spooky Sundae Ice Cream Milk	1 WG Chicken Patty Sandwich on WG Bun Mashed Sweet Potatoes Orange Slices Fruit Slushie Milk	2 WG Spaghetti with WG Breadstick Green Beans Apple Slices Milk	3 WG Tony's Stuffed Crust Pepperoni Pizza Peas Side Salad Pears Milk
6 Ravioli with WG Goldfish Crackers Peas and Carrots Mixed Fruit Milk	7 Pulled Pork Sandwich on WG Sub Bun Baked Beans Pickle Spear Grapes Milk	8 BACK FOR WINTER! Chili with Homemade Cornbread Green Beans Strawberries Milk	9 Back from NSLW! Salisbury Steak with WG Dinner Roll Mashed Potatoes & Gravy Broccoli Banana Milk	10 WG Tony's Pepperoni Pizza Sweet Potato Fries Corn Applesauce Milk
13 WG Pepperoni Calzone with Pizza Sauce Cooked Carrots Side Salad Peaches Milk	14 Taco Tuesday! Soft Taco on WG Tortilla with Shrd Cheese Shrd Lettuce & Tomato Refried Beans Apple Slices Milk	15 WG Chicken Rings Mashed Potatoes & Gravy Mixed Veggies Clementines Milk	16 WG Biscuits & Sausage Gravy Hashbrown Smiles Fruit Juice Milk	17 WG Pizza Bar! Broccoli with Cheese Sauce Pears Cookie Milk
20 WG Mini Cheese Bosco Sticks with Pizza Sauce Green Beans Applesauce Milk	21 Chef Salad with WG Crackers Grapes Jello Milk	22 Turkey Manhattan with WG Bread Slice Broccoli Peaches Milk	23	24
27 WG Pancakes with Syrup Sausage Patty Hashbrown Smiles Mixed Berries Milk	28 Chicken Nachos with Queso Cheese Refried Beans Corn Apple Slices Milk	29 Kitchen's Choice Vegetable Fruit Milk	30 WG Mini Corn Dogs Broccoli Side Salad Orange Slice Milk	

Meal Prices

Lunch: \$2.25
Reduced Lunch: \$0.40
Adult Lunch: \$3.00

B Option

Monday- WG Chicken Nuggets
Tuesday- Grilled Chicken Sandwich on WG Bun
Wednesday- Hot Dog on WG Bun
Thursday- Hamburger on WG Bun
Friday- No Alternate
*Grilled cheese sandwiches and chef salads are available daily as a C option.

All Centerville-Abington Community School lunch menus are in agreeance with the Healthy Hunger-Free Kids Act of 2010. Nutrition Standards apply to all foods sold within the National School Lunch Program and all competitive foods sold as ala carte items.

You must be pre-approved to receive free or reduced price meals. Contact Wanda McConaha at 855-3475 or print the Application for Free and Reduced Meals from the school website. Completed applications can be turned in at the Admin Building, CAE main office, CAE cafeteria, or to your student's teacher.