

NOVEMBER 2018

Centerville Senior High School

Milk

Strawberries Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	verlunch & Alternate Meal Policy n the school website under Par		Walking Taco with WG Doritos/Fritos Chips Shrd Lettuce & Tomato Refried Beans & Salsa Apple Slices Milk	WG Buffalo Chicken Wrap on WG Tortilla Parmesan & Herb Broccoli Mashed Potatoes & Gravy Strawberries Milk
Salisbury Steak with WG Dinner Roll Mashed Potatoes & Gravy Corn Pears Milk	BACK FOR WINTER! Chili with Homemade Cornbread & Crackers Broccoli Apple Milk	Beef & Cheddar Sandwich on WG Sub Bun Baked Potato Wedges Side Salad Strawberries Milk	WG Mini Bosco Sticks with Pizza Sauce Mixed Veggies Peaches Milk	9 WG BBQ Chicken Flatbread Black Beans Carrots & Peas Melon Chunks Milk
Ravioli with WG Garlic Bread & WG Goldfish Crackers Broccoli Peaches Milk	WG Chicken Nuggets Baked Potato Wedges Cooked Carrots Banana Milk	WG Popcorn Shrimp with Cheese Stick Baked Potato Side Salad Grapes Milk	Homemade Chicken & Noodles with WG Dinner Roll Mashed Potatoes & Gravy Green Beans Mixed Fruit Milk	MG Pizza Bar! Baked Bean Peas Pineapple Cookie Milk
19 WG Pepperoni Calzone with Pizza Sauce Mashed Sweet Potatoes Pickle Spear Apple Slices Milk	Thanksgiving Feast Turkey Manhattan with WG Bread Slice Green Beans Peaches Pumpkin Roll Milk	WG Boneless Wings Baked Potato Wedges Celery Sticks Clementine Milk	_	²³ ∕ing Break chool
26 Margharita Meatball Sub on WG Bun Green Beans & Peas Orange Slices Milk	Breakfast for Lunch! WG Biscuits & Sausage Gravy Hashbrowns Banana Milk	Philly Cheese Steak Sandwich on WG Bun Cooked Carrots Applesauce Fruit Slushie	Walking Taco with WG Doritos/Fritos Chips Shrd Lettuce & Tomato Refried Beans & Salsa Apple Slices	WG Buffalo Chicken Wrap on WG Tortilla Parmesan & Herb Broccoli Mashed Potatoes & Gravy

Milk

Meal Prices

Lunch: \$2.50 Reduced Lunch: \$0.40 Adult Lunch: \$3.00

B Option

Monday- Pasta Selections Tuesday- Mexican Bar Wednesday- Oriental Chicken & Egg Roll Thursday- Grill Selections Friday- Pizza Bar

Various hot items and other snacks are also available at the snack bar.

All Centerville-Abington Community School lunch menus are in agreeance with the Healthy Hunger-Free Kids Act of 2010. Nutrition Standards apply to all foods sold within the National School Lunch Program and all competitive foods sold as ala carte items.

You must be pre-approved to receive free or reduced price meals. Contact Wanda McConaha at 855-3475 or print the Application for Free and Reduced Meals from the school website. Completed applications can be turned in at the Admin Building, CHS main office, or CHS cafeteria.