



OCTOBER | 2017

Centerville Senior High School



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Sloppy Joe on WG Bun Corn Coleslaw Pears Milk	3 Chicken Salad on WG Croissant with Baked Chips Shrd Lettuce & Tomato Carrots & Celery Apple Milk	4 Chicken Caesar Salad with WG Croutons Orange Slices Milk	5 WG Mini Cheese Bosco Sticks with Pizza Sauce Mixed Veggies Peaches Milk	6 WG BBQ Chicken Flatbread Black Beans Carrots & Peas Melon Chunks Milk
9 Salisbury Steak with Mashed Potatoes & Gravy Cooked Carrots Fruit Milk	10 Chicken Parmesan with Garlic Bread & Spaghetti Noodles Side Salad Pineapple Milk	11 Cheeseburger Meatloaf Scalloped Potatoes Baked Beans Clementine Cookie Milk	12 Homemade Chicken & Noodles with Dinner Roll Mashed Potatoes & Gravy Corn Apples with Caramel Dip Milk	13 Smoked Sausage, Green Beans, and Potatoes Cornbread Fruit Chocolate Covered Pretzel Stick Milk
16 Deli Meat & Cheese Subs on WG Sub Buns Shrd Lettuce and Tomato Broccoli Applesauce Milk	17 WG Chicken Nuggets French Fries Cooked Carrots Banana Milk	18 WG Popcorn Shrimp with Cheese Stick Baked Potato Side Salad Grapes Milk	19 WG Biscuits & Sausage Gravy Hashbrowns Banana Milk	20 WG Pizza Bar! Baked Bean Peas Pineapple Cookie Milk
23	24	25	26	27
Fall Break – No School!				
30 Kitchen's Choice Vegetable Fruit Milk	31 WG Boneless Wings French Fries Green Beans Mixed Fruit Milk	You must be pre-approved to receive free or reduced price meals. Contact Wanda McConaha at 855-3475 or print the Application for Free and Reduced Meals from the school website. Completed applications can be turned in at the Admin Building, CHS main office, or CHS cafeteria.		

National School Lunch Week is October 9-13! Enjoy new lunch recipes during this week long event! Each day we will have a drawing for iTunes and AMC Theatre giftcards! Participation required to be eligible to win. No B & C lunch choices will be offered this week only! See kitchen staff with questions.

Meal Prices

Lunch: \$2.50
Reduced Lunch: \$0.40
Adult Lunch: \$3.00

B Option

Monday- Pasta Selections
Tuesday- Mexican Bar
Wednesday- Oriental Chicken & Egg Roll
Thursday- Grill Selections
Friday- Pizza Bar

Various hot items and other snacks are also available at the snack bar.

All Centerville-Abington Community School lunch menus are in agreeance with the Healthy Hunger-Free Kids Act of 2010. Nutrition Standards apply to all foods sold within the National School Lunch Program and all competitive foods sold as ala carte items.

This menu is subject to change with or without notice.