



OCTOBER | 2018

Centerville Senior High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Salisbury Steak with WG Dinner Roll Mashed Potatoes & Gravy Corn Pears Milk	2 Chicken Salad on WG Croissant with Baked Chips Shrd Lettuce & Tomato Carrots & Celery Apple Milk	3 Beef & Cheddar Sandwich on WG Sub Bun Baked Potato Wedges Side Salad Strawberries Milk	4 WG Mini Bosco Sticks with Pizza Sauce Mixed Veggies Peaches Milk	5 WG BBQ Chicken Flatbread Black Beans Carrots & Peas Melon Chunks Milk
8 Ravioli with WG Garlic Bread & WG Goldfish Crackers Broccoli Peaches Milk	9 WG Chicken Nuggets Baked Potato Wedges Cooked Carrots Banana Milk	10 WG Popcorn Shrimp with Cheese Stick Baked Potato Side Salad Grapes Milk	11 Homemade Chicken & Noodles with WG Dinner Roll Mashed Potatoes & Gravy Green Beans Mixed Fruit Milk	12 WG Pizza Bar! Baked Bean Peas Pineapple Cookie Milk
15 WG Pepperoni Calzone with Pizza Sauce Mashed Sweet Potatoes Pickle Spear Apple Slices Milk	16 Boneless Wing Bar! (No Mexican Bar) Baked Potato Wedges Green Beans Clementines Milk	17 Deli Meat & Cheese Subs on WG Sub Buns Shrd Lettuce and Tomato Broccoli Applesauce Milk	18 Chicken Nachos on WG Tortilla Chips with Queso Cheese Black Beans, Corn, & Salsa Pears Cookie Milk	19 WG County Chicken Bowl (no pizza available) WG Garlic Bread Strawberries Milk
22	23	24	25	26
Fall Break – No School!				
29 Margharita Meatball Sub on WG Bun Green Beans & Peas Orange Slices Milk	30 Breakfast for Lunch! WG Biscuits & Sausage Gravy Hashbrowns Banana Milk	31 Philly Cheese Steak Sandwich on WG Bun Cooked Carrots Applesauce Fruit Slushie Milk		

Meal Prices

Lunch: \$2.50
Reduced Lunch: \$0.40
Adult Lunch: \$3.00

B Option

Monday- Pasta Selections
Tuesday- Mexican Bar
Wednesday- Oriental Chicken & Egg Roll
Thursday- Grill Selections
Friday- Pizza Bar

Various hot items and other snacks are also available at the snack bar.

All Centerville-Abington Community School lunch menus are in agreement with the Healthy Hunger-Free Kids Act of 2010. Nutrition Standards apply to all foods sold within the National School Lunch Program and all competitive foods sold as ala carte items.

You must be pre-approved to receive free or reduced price meals. Contact Wanda McConaha at 855-3475 or print the Application for Free and Reduced Meals from the school website. Completed applications can be turned in at the Admin Building, CHS main office, or CHS cafeteria.